

SHOOTING SPORTS

Archery

Join **Brian Collins** in this class suitable for all levels of levels. Beginners will learn how to shoot a compound bow, consistently hit 3-D targets, and have fun in the process! Advanced shooters can refine their skills by improving form and technique.

Defensive Pistol

Shooting for self-protection is very different from target practice. **Kim Nemetz**, of A Girl & A Gun, will help you to become more comfortable with your defensive use of a handgun under stress. Start with dry fire practice and refine your draw stroke. Then move on to target shooting at close range. **Must bring your own gun with holster and 50 rounds of ammo. Minimum 2 years of shooting experience required!**

Five Stand

Fun for a beginner and challenging for an experienced shooter. **George Walukas** will teach you why skeet and trap shooters enjoy this sport that involves shooting from 5 stations at targets from 7 different throwers. Try something different and fun. See if you can hit the “rabbit”! **Shotguns will be provided or bring your own shotgun and ammo. Bring different chokes for your shotgun, if needed.**

Gentle Intro to Shooting: Air Gun

No Bullets, No Bang, No Recoil, No Fear! Join **Darrell Blevins** in this class using air guns (rifle, pistol, shotgun). If you have never fired a gun before and want to get an idea of what it is like, this class is for you! **Guns provided. Eye protection required (we can provide).**

Handgun Basics

This class will teach you to shoot a variety of handguns safely. **Keith and Susan Vicars** will provide a broad spectrum of information about the safety, operation, and fundamentals of shooting handguns. **Practice target shooting with supplied .22 revolvers and semi-automatics and ammo or bring your own .22 and ammo.**

Intro to Skeet

This fun and challenging sport is popular throughout the world. **Brett Sloan** will teach you about equipment selection, including guns, clothing, and ammo. Learn to break “birds” at different and challenging stations. **Bring your own shotgun and ammo or use ours.**

Intro to Steel Challenge

John Mark Burton will get you started with this fun and growing pistol sport. Learn basic range commands, rules, equipment, gun handling and safety, and then head to the range to practice. **Gun must be in a range bag or case. Bring a .22 caliber or 9mm pistol with at least 2 magazines and 100 rounds of ammo.**

Intro to the Modern Sporting Rifle

John Mark Burton will introduce you to modern sporting rifles, with an emphasis on the AR15 platform. Learn about the sport and proper handling techniques, followed by a demo of the basic operating functions of this platform. Then head to the range for some fun! **Guns and some ammo will be provided. If time permits, you can purchase additional ammo to keep the fun going!**

Smallbore Rifle

Don Helwick and **Steve Shauver** will teach you the basics of shooting safety. You will have the opportunity to shoot a variety of .22 rifles, including bolt-action, lever-action, and semi-automatic, with both open and telescopic sights. **Rifles and plenty of ammunition will be supplied.**

OUTDOOR & LIFE SKILLS

Deer Skinning

Matt Sironen will teach you how to skin a deer, then you will be shown how to butcher and process the deer. **This is a double-session class and will be dependent upon the successful harvesting of a deer.**

Defensive Knife

John McCreery, of First Strike Shooting Range, will introduce you to the basics of carrying a small knife every day. Learn about selection, accessing, and carry methods. This is a hands-on knife class.

Fly Fishing

Matthew Siegel will teach participants the basics of fly fishing and will assist with casting techniques. **Equipment and flies will be supplied, or you can bring your own. Participants must bring and wear eyeglasses.**

Hiking & Backpacking

Nikki Messink, Registered Nurse and therapeutic yoga instructor, will discuss the essentials of backpacking, including training, packing a bag, identifying trails, leaving no trace, and preparing yourself. She also will introduce basic yoga techniques to assist in recovery and tips for sleeping better in the forest.

Improvised Weapons

John McCreary, of First Strike Shooting Range, will help you have fun while learning to use anything within reach to defend yourself. If you are willing, possibilities are endless.

Intro to Chakras

Rachel Koehler will teach you how to identify imbalances and bring them into harmony. Get in touch with the 7 centers of the body for better mental and physical health. You'll leave with your own chakras kit. **Please include \$10 materials fee with your registration.**

Manifestation & Placement Magick

Rachel Koehler will teach you about the tools needed to manifest dreams/money/love. You'll leave with your own manifest kit. **Please include \$10 materials fee with your registration.**

Programming Crystals & Activating Candle Magick

Rachel Koehler will teach you how to activate the power of crystals and candles, and you'll leave with your own crystal kit. **Please include \$10 materials fee with your registration.**

Self-Defense

Learn how to protect yourself in this hands-on class. **Sensei Jayne Butram**, of Okinawan Karate Center, will lead you in this class on smart personal protection. Learn about layers of protection, staying safe at home, work, and out with your kids, how to respond to a home invasion, active shooter situation, and more. **Wear comfortable clothes that allow you to move.**

Spiritual Self-Defense

Rachel Koehler will teach you how to “ground” yourself, and you'll leave with your own “cleansing kit”. **Please include \$10 materials fee with your registration.**

Tai Chi With Trees

Feel the flow with this low-impact class taught by **Susan Hollobaugh**. With experience in both karate and Tai Chi, she will guide you in the Yang style Tai Chi and incorporate energy exercises from different styles. **Please wear comfortable clothing.**

Tomahawk Throwing

Ever wanted to try this? Now is your chance! **Brian Franck** will teach this intro class, including basic instruction and practice, practice, practice! You will learn throwing styles and how to adjust distance for optimal performance. Class will end with a competition.

Tool Sharpening Basics

Kevin Noon, of Noon Sharpening, Inc, will instruct you in the basics of what, why, and how to sharpen, as well as finding, establishing, and holding angles, sharpening and testing the edge, and maintaining the edge. Class participants will be given an opportunity to practice sharpening.

CRAFTS & MORE

Ammo Jewelry

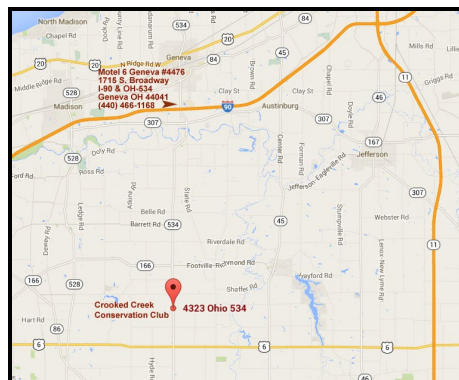
Do you like jewelry? And ammo, too? Join **Patty Sloan** to learn how to make a pair of earrings or possibly a pendant from spent ammo. You'll be able to choose from several styles, and you'll go home with some cool new jewelry. **Please include \$10 materials fee with your registration.**

Canvas Painting

Become an artist when you join **Lynnmarie Landwe-Phillips** and turn a blank 9" x 14" canvas into a work of art. You will venture on a guided step-by-step journey to create a personal masterpiece in a relaxed, stress-free environment. **Please include \$10 materials fee with your registration.**

Grapevine Wreath

Bonnie Christopher will lead you in this class on making a Grapevine Wreath or Swag with a Spring or Summer theme. You will go home with a finished product that can be a delightful decoration for home or a unique gift for friends and family. **Please include \$10 materials fee with your registration.**



SPECIAL OFFER! ½ DAY TURKEY HUNT!

This course is offered for up to 4 women, with preference given to first-time hunters. Must be at least 14 years to participate; under 18 years required to be accompanied by adult. Hunters will be matched with a guide and a hunting location and will learn the basics of calling and hunting turkey. This is a 1-to-1 experience. Participants will be required to show a valid hunting license and proof of a hunter safety course, as well as basic shotgun experience. Participants are required to supply their own camo clothing, shotgun, and shells. *This course will replace the participants' two morning sessions.* Guides and participants will meet at 5:00 a.m. at Crooked Creek Conservation Club, hunt until noon, and return for lunch and two afternoon sessions. *Since space is limited, please be sure to list this as your top choice if you want to participate.*

Pre-Event Wine Social! Join Us!

We'll be gathering at Debonne Vineyards on Friday, May 10, from 7-8:30pm, in the Signature Cellar, for a mini-tour and social event open only to those registering for this year's Grand River WITO event. Participants must also be at least 21 years of age.

Cost is \$25 per person, which includes four 2-ounce samples of wine, hors d'oeuvres, and a tour of the downstairs area of the winery. **Must register by May 1 to attend the social!**

Debonne Vineyard deals with Holiday Inn @ Madison and Hampton Inn @ Madison. Participants are responsible for confirming and/or arranging accommodations and shuttle services, if desired.

Space is limited, so register early to reserve your spot!



WOMEN IN THE OUTDOORS

Is dedicated to providing interactive educational outdoor opportunities for women ages 14 and older. Local chapters and organizations throughout the nation conduct outdoor learning events featuring hands-on activities.

The National Wild Turkey Federation's (NWTF) goal is to teach the importance of responsible wildlife management, to increase participation in outdoor-related opportunities, and to preserve the hunting tradition.

The Women in the Outdoors™ Program will meet its goal by introducing more women to outdoor activities, training women as outdoor educators, and providing a network for men and women with similar outdoor interests.

Your paid registration includes:

- Choice of 4 Women in the Outdoors courses (unless you sign up for the turkey hunt or 3-Gun)
- Use of equipment and program material as specified in course descriptions, plus instruction
- One-year subscription to the NWTF Turkey Country magazine
- Light breakfast, lunch, and beverages

There will be continuous silent auctions and raffles throughout the day. Payment can be made with cash, check, or credit card. **Pre-order your raffle tickets! General Raffle: 1 sheet, including a bonus ticket, for \$10 or 3 sheets for \$20. Gun Raffle: 1 ticket for \$10 or 3 for \$20. Winner need not be present for gun raffle.**

Springfield Hellcat 9mm pistol in Flat Dark Earth



(Looks of actual gun may vary slightly from photo)



**Saturday
May 11, 2024
8:00 a.m. - 6:00 p.m.
Crooked Creek Conservation Club
4323 SR 534
Hartsgrove, OH 44085**

Presented by the Grand River Chapter of the National Wild Turkey Federation Women in the Outdoors Committee
Visit us on Facebook:
[Facebook.com/GrandRiverWITO](https://www.facebook.com/GrandRiverWITO)

For additional information contact:
Leesa Lafferre-Thomas (440) 313-2470
GrandRiverWITO@gmail.com



A partnership project of the Grand River Chapter of the National Wild Turkey Federation, Crooked Creek Conservation Club, and the ODNR Division of Wildlife.



Handicap Parking will be available for those with a handicap placard or other government-issued identification indicating their status. To qualify, please include your placard number or other form of identification on the registration form. You will then have a space assigned to you for the day of the event.

PAYPAL OPTION

PAYPAL IS FAST & EASY! PAY USING YOUR CREDIT CARD OR CHECKING ACCOUNT. CHECK THE BOX ON THE REGISTRATION FORM, THEN MAIL OR EMAIL THE FORM. PAYMENT WILL BE DUE UPON RECEIPT OF INVOICE.

Participant Registration Form - 11 May 2024

Name _____

Address _____

City _____ State _____ Zip _____

Phone () _____

E-mail _____

Emergency Contact _____

Emergency Phone () _____

New Member or WITO # _____ Renewal

*Participants 14-17 years old must have a parent or guardian sign and attend all classes with them.

I cannot attend but would like to renew my Women in the Outdoors membership for \$35. Payment is enclosed.

Registration \$ _____

If applicable, Mother ___ or daughter 14-17 yrs ___ or 18+ yrs ___

Materials Fee(s) for top 4 choices only \$ _____

T-shirts: Total Qty ___ **Total Cost:** \$ _____

Short-Sleeve V-Neck \$23 size ___ or Standard Neck \$23 size ___

Long-Sleeve Standard Neck \$25 size ___

Pullover Hoodie \$30 size ___ or Zipped Hoodie \$35 size ___

General Raffle: Qty ___ **1/\$10 or 3/\$20** \$ _____

Gun Raffle: Qty ___ **1/\$10 or 3/\$20** \$ _____

TOTAL \$ _____

Check PayPal (for credit card payment)

Deadline for pre-ordering the event shirt/jacket is May 2, 2024.
Regular registration deadline is May 5, 2024.

Make checks payable to "NWTF" & mail/email this completed form with payment to:

Leesa Lafferre-Thomas
10101 Madison Road
Montville, OH 44064
440.313.2470 | GrandRiverWITO@gmail.com

PRE-EVENT WINE SOCIAL

YES, I plan to attend the social!
I'll add \$25 to my total listed above. I hereby waive any/all liability claims and agree to hold harmless Debonne Winery, Crooked Creek Conservation Club, National Wild Turkey Federation, and the Grand River Chapter of Women In The Outdoors.

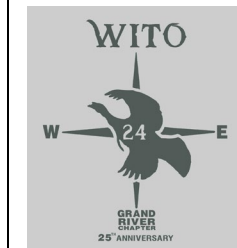
Course Offerings: **IMPORTANT! Please rank in order of preference 1-8, with 1 being your first choice.**

- | | |
|---|--|
| <input type="checkbox"/> Archery | <input type="checkbox"/> Improvised Weapons |
| <input type="checkbox"/> Defensive Pistol | <input type="checkbox"/> Intro to Chakras* |
| <input type="checkbox"/> Five Stand | <input type="checkbox"/> Manifestation Magick* |
| <input type="checkbox"/> Gentle Intro to Air Gun | <input type="checkbox"/> Programming Crystals* |
| <input type="checkbox"/> Handgun Basics | <input type="checkbox"/> Self-Defense |
| <input type="checkbox"/> Intro to Skeet | <input type="checkbox"/> Spiritual Self-Defense* |
| <input type="checkbox"/> Intro to Steel Challenge | <input type="checkbox"/> Tai Chi With Trees |
| <input type="checkbox"/> Modern Sporting Rifle* | <input type="checkbox"/> Tomahawk Throwing |
| <input type="checkbox"/> Smallbore Rifle | <input type="checkbox"/> Tool Sharpening Basics |
| <input type="checkbox"/> Deer Skinning** | <input type="checkbox"/> Ammo Jewelry* |
| <input type="checkbox"/> Defensive Knife | <input type="checkbox"/> Canvas Painting* |
| <input type="checkbox"/> Fly Fishing | <input type="checkbox"/> Grapevine Wreath* |
| <input type="checkbox"/> Hiking & Backpacking | <input type="checkbox"/> Turkey Hunt** |

*Materials Fee required (see course descriptions for amount).
**Counts as 2 sessions.

Handicap Parking Placard/ID #: _____

WITO Grand River Chapter T-Shirt



Pre-order your light gray t-shirt with charcoal gray graphics to memorialize your experience with WITO. Specify quantity, size, and style (V-neck or standard neck short sleeve; long-sleeve tee; pullover hoodie; or zip-up hoodie) on the registration form. No extras will be available on the day of the event, so guarantee yours by ordering now. Costs are listed on the order form. Sizing chart available upon request. Due to supply chain issues, colors of the different styles may vary slightly from one another.
Color and design may vary slightly from photo.

Registration fee is \$70/individual or \$130/mother-daughter package (must be at least 14 years old). If mother-daughter, please include two registration forms but payment should be listed on only one of the forms. No refunds for any reason after April 30, 2024.