

### REGISTRATION FEE

Registration fee is \$65/individual or \$120 mother-daughter package (must be at least 14 years old; indicate date range for daughter). If mother-daughter, please include two registration forms but payment should be listed on only one of the forms. No refunds for any reason after April 27, 2018.

**EARLY BIRD SPECIAL!** All registrations received by April 21, 2018, will be entered in a special drawing.

### PAYPAL OPTION

PayPal is fast & easy! Check the box on the registration form, then mail or email the form. If you have an existing PayPal account, be sure to include that email address. When we receive your registration form, we'll send you an invoice. You may then pay using your credit card or checking account. Payment will be due upon receipt of invoice, which will include a small fee to cover what PayPal charges us.

**There will be continuous silent auctions and raffles throughout the day. Payment can be made with cash, check or credit cards. Preorder your raffle tickets!**

**General Raffle:** 1 sheet, including a bonus ticket, for \$10 or 3 sheets for \$20.

**Gun Raffle:** 1 ticket for \$10 or 3 tickets for \$20. Winner need not be present for Kimber Micro 9 gun raffle. Micro 9 has NWTF logo grips.



*Actual gun will vary slightly from photo*



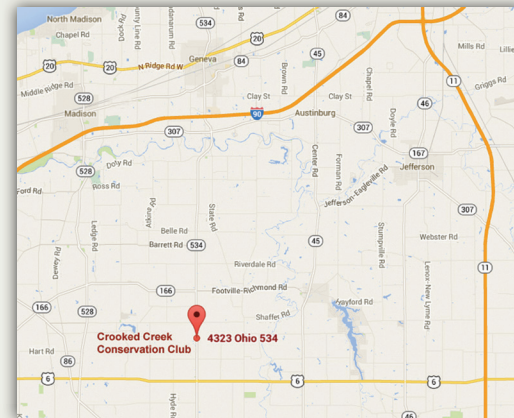
Dedicated to providing interactive educational outdoor opportunities for women ages 14 and older. Local chapters and organizations throughout the nation conduct outdoor learning events, featuring hands-on activities.

The National Wild Turkey Federation's goal is to teach the importance of responsible wildlife management, to increase participation in outdoor-related opportunities and to preserve the hunting tradition.

### YOUR PAID REGISTRATION INCLUDES:

- Choice of 4 Women in the Outdoors courses (unless you sign up for the turkey hunt)
- Use of all equipment, program material, instruction
- One-year subscription to the NWTF *Turkey Country* magazine
- Light breakfast, lunch, beverages

Lodging and campsite list available upon request or visit the "Files" section of our Facebook page to download the documents.



### WITO GRAND RIVER CHAPTER T-SHIRTS

Preorder your neon green t-shirt to memorialize your experience with Women in the Outdoors. Please specify quantity, size and style (ladies cut with V-neck or standard cut with round neck) on the registration form. There may be a few available on the day of the event, first-come, first-served, but guarantee yours by ordering now. Cost is \$16 each. Shirts are 100% pre-shrunk cotton. Sizing chart available upon request.



*Color and design may vary slightly from photo*

NATIONAL WILD TURKEY FEDERATION

# GRAND RIVER CHAPTER



## SATURDAY May 12, 2018

8 a.m. – 5:30 p.m.

Crooked Creek Conservation Club  
4323 SR 534 • Harts Grove, OH 44085



WOMEN IN THE OUTDOORS



Visit us on Facebook:  
[www.facebook.com/groups/GrandRiverWITO/](https://www.facebook.com/groups/GrandRiverWITO/)

For additional information contact:  
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A partnership project of the Grand River Chapter of the National Wild Turkey Federation, Crooked Creek Conservation Club and the ODNR Division of Wildlife



# COURSES

## SHOOTING SPORTS & RELATED

**Archery:** Ken Weisbarth and Brian Collins will instruct you on shooting a compound bow at targets 10-15 yards away.

**Handgun Basics:** Keith and Susan Vicars will provide a broad spectrum of information about the safety, operation and fundamentals of shooting handguns. Practice target shooting with supplied handguns (.22 revolvers and semi-automatics) or bring your own.

**Intro to Steel Challenge:** Sarah Chadwick Stohlman and Adam Litke, NRA-certified instructors, will get you started on this fun and growing pistol sport. You will learn basic range commands, rules, equipment, gun handling and safety, and then head to the range to practice. *Gun must be in a range bag or case. Bring a .22 caliber pistol with at least two magazines and 100 rounds of ammo.* (Loaner gun available upon request.)

**Police Pistol Combat:** Don't let the name scare you! This is a fun class that focuses on precision shooting from a variety of stances at varying distances. Sarah Chadwick Stohlman and Adam Litke, NRA-certified instructors, will instruct. *Bring a 9mm or larger caliber pistol with at least 3 magazines and 100 rounds of ammo plus a stiff belt and an outside-the-waistband holster to fit your gun.*

**Natural Point of Aim/Punch Shooting:** Join Rob Campbell and Amanda Suffecool of Eye on Target Radio to learn the art of pulling your gun shooting. Use your intuition and natural point of aim to improve your defensive shooting skills. *Bring your own centerfire pistol (carry gun preferred) and a box of shells.*

**Defensive Holster Draw:** Rob Campbell and Amanda Suffecool of Eye on Target Radio will lead this class on practicing your draw stroke from your concealed carry holster. This will be a draw/dry-fire class that transitions into live-fire as your skills and comfort increase. *Bring your own every day carry gun, a set of snap caps to fit your gun, your favorite holster and a box of shells.*

**Self-Protection Handgun:** John McCreery, of Ohio Personal Protection, will help you become more comfortable with your defensive use of a handgun under stress. Dry-fire practice and target shooting at close ranges. *Must bring your own gun, 50 rounds of ammo and holster. Minimum 2 years of shooting experience required!*

**Rifle:** Jim Majoros of Viktor's Legacy Custom Gunsmithing will teach you the basics of safety and shooting rifles. Learn trigger control and breathing, then practice with paper, spinner and gong targets. Use our .22 semi-automatic rifles and ammo or bring your own.

**Intro to Shotgun/Trap:** Dan Rogge will introduce you to the basics of shooting a shotgun, including learning the types and gauges, ammo, chokes and loads used, parts of a shotgun, safe handling and safety equipment. Then practice shooting clay targets. Shotgun and ammo will be provided (20 gauge) or bring your own.

**NEW Trap Shoot:** Dan Rogge will lead you in a round or 2 of trap. Use our 20-gauge guns and ammo or bring your own shotgun.

**Skeet:** This fun and challenging sport is popular throughout the world. Brett Sloan will teach you about equipment selection and show you how to break birds at different and challenging stations. Bring your own shotgun and ammo or use ours.

**Five Stand Shooting/Sporting Clays:** Join George Walukas to learn why skeet and trap shooters enjoy this sport and small game hunters enjoy the challenge of shooting from 5 stations at targets from 7 different throwers. See if you can hit the rabbit! Shotguns will be provided or bring your own. If your shotgun uses different chokes, please bring them.

**NEW Reloading Ammo:** Ever wondered about how ammo reloading works? Brett Sloan can show you how. Come and learn about single-stage reloading with common calibers of pistols (9mm and .38) and 20-gauge shotgun shells. Learn to reload and then head out to the range to try them out.

**NEW What To Do After a Self-Defense Shooting:** This is a legal seminar for anyone who might become involved in a justified self-defense shooting. Trial attorney Richard H. French, Jr., with 35+ years of litigation experience and 50+ years of shooting experience, will be delivering a one-hour lecture, followed by questions and answers.

## OUTDOOR FUN

**NEW Auto Care Basics:** Gina Spaller will teach you how to keep your vehicle running in tip-top shape. Learn to check fluids, change tires, blades and filters — basic knowledge all drivers should have.

**Essential Knots for the Outdoors:** Brent Grantham will lead this class to teach you how to tie knots that you may need in your daily life, whether for fun, work or just a hobby. Come tie one on!

**NEW Fitness in the Forest, Level 1:** Step up your stride with Kelsey O'Neill, exercise physiologist and nature enthusiast. Learn how to use nature and all its elements for basic stretches and other fitness uses throughout your walk.

**NEW Fitness in the Forest, Level 2:** Don't like to run but want to increase the intensity of your outdoor adventures? Join exercise physiologist and nature enthusiast Kelsey O'Neill for an advanced fitness hike. Learn how to use the elements in nature as fitness equipment to get your heart rate elevated and muscles fired up, paired with recovering low intensity walks in between.

**RETURNING Fly Fishing:** Matthew Siegel will teach participants the basics of fly fishing and will assist with casting techniques. Equipment and flies will be supplied, or you can bring your own. *Participants must bring and wear eyeglasses.*

**Intro to Defensive Knife:** John McCreary of Ohio Personal Protection will introduce you to the basics of carrying a small knife every day. Learn about selection, accessing and carry methods. This is a hands-on knife class.

**RETURNING Kayaking:** Our pond is back! Come and enjoy a session of basic kayaking on the water with Maggie Brown, ODNr Division of Parks and Watercraft. All the equipment will be provided. Learn the basics to kayaking safety and paddle strokes. Please dress for the weather and bring a change of clothes and shoes in case you get wet.

**Personal Safety Awareness:** Sheila Hulihan, black belt with Madison Combined Martial Arts, will lead this course on situational awareness, staying safe and defending yourself should the need arise. All women should have these basic skills in self-protection and safety!

**Self-Defense:** Sensei Jayne Butram of Okinawan Karate Center will lead you in this class on smart personal protection. Learn about layers of protection, staying safe at home, work and out with your kids, how to respond to a home invasion and active shooter situation and more. Wear comfortable clothes that allow you to move.

**Tai Chi with Trees:** Feel the flow with this low-impact class taught by Susan Hollabaugh. With experience in both Karate and Tai Chi, she will guide you in the Yang-style Tai Chi and incorporate energy exercises from different styles. Please wear comfortable clothing.

**Yoga in the Yard:** Join Judy Rogers, BS, Health Exercise Science Studies, CYT, RYT, certified group exercise instructor and personal trainer, in this fun class in nature. Connect the dots to learn who you are, how you feel, and what you think. This class will stimulate your senses, activate your muscles, attune you to how you move through planes (spatial awareness) and bring challenges to light. *Dress comfortably and bring a yoga mat or towel.*

## CRAFTS, COOKING AND MORE FUN STUFF

**NEW Active Shooter Response:** What happens if you find yourself in an encounter with an active shooter? Steve Tryon, Eastlake police officer, will teach an informative class on what to do in these situations and more. Come and learn how to save your own life and those of others.

**NEW Ammo Jewelry:** Do you like earrings? And pendants? And ammo, too? Join Patty Sloan to learn how to make a pair of earrings and a pendant from spent ammo. You'll be able to choose from several styles, and you'll go home with some cool new jewelry. *There is a \$10 materials fee for this class; please include with your payment.*

**NEW Bird Feeders:** Make your own wooden feeder to bring the birds up close and personal to your yard. Larry Buehner will help you construct your own feeder and will discuss different feeds and birds. Bring a cordless drill if you have one. *There is a \$10 materials fee for this class; please include with your payment.*

**NEW Rock Painting:** Come join Heidi Hurt Campbell to discover the reason behind the newest craze: rock painting. You'll also discover when/how/why to use hashtags in relation to your painted rocks. All paint, pens, brushes, sealers, etc., will be provided. Just bring 2-3 rocks that you would like to paint. *There is a \$4 materials fee for this class; please include with your payment.*

**NEW Cell Phone Photography:** While a cell (or point and click) will never give you the quality of a professional camera, you can improve your skills. Join Brooke Tobin, owner of Brooke Tobin Photography, to learn about composition and lighting of outdoor photography. *Bring your cell or point and click camera.*

**NEW Dutch Oven Campfire Cooking:** Missy Bowden Wholf will teach you the basics of Dutch oven cooking using standard charcoal. You will learn how to adjust temps, rotate for even cooking, handle cookware during cooking and clean as you prepare garlic roasted potatoes with onions

and ham, peach cobbler and cowboy coffee. Take home a packet of tips and recipes, too. *There is a \$13 materials fee for this class; please include with your payment.*

**Edible & Medicinal Plants:** Join Laura Fry of Heritage Homestead Classes for a walk in the woods to discover useful wild plants that are edible or have medicinal value. Each participant will make and take home a salve. *There is a \$10 materials fee for this class; please include with your payment.*

**Fiber Arts:** Learn how fiber goes from sheep to shawl. Laura Fry of Heritage Homestead Classes will lead you through the process of carding, spinning, and felting wool. You will be felting a soap to take home. *There is a \$10 materials fee for this class; please include with your payment.*

**NEW Paracord Project:** Patty Sloan will teach you to fashion both a cobra weave bracelet and a matching box knot key fob. The color scheme is pink with a glow-in-the-dark accent. *There is a \$6 materials fee for this class; please include with your payment.*

**NEW Pie Making/Baking:** Learn the secrets of making a fool-proof flaky crust and juicy apple pie filling from Laura Fry of Heritage Homestead Classes. Everyone will make a pie to take home. *There is a \$10 materials fee for this class; please include with your payment.*

**NEW Rock Painting:** Come join Heidi Hurt Campbell to discover the reason behind the newest craze: rock painting. You'll also discover when/how/why to use hashtags in relation to your painted rocks. All paint, pens, brushes, sealers, etc., will be provided. Just bring 2-3 rocks that you would like to paint. *There is a \$4 materials fee for this class; please include with your payment.*

**NEW Stop the Bleed:** Seconds count during a severe bleeding event. In fact, a person who is bleeding can die from blood loss in less than 5 minutes. Tod Baker will teach you how and where to apply a tourniquet to save someone's life — maybe your own!

**RETURNING Turkey Feather Wreath:** Meribeth Sironen will teach you to make a wreath using wild turkey feathers, string, beads, etc. Create a work of art for your home. *There is a \$10 materials fee for this class; please include with your payment.*

**SPECIAL OFFER! Turkey Hunt**  
This course is offered for up to 10 women on a first-come, first-served basis. Participants will be matched with a guide and a hunting location and will learn the basics of calling and hunting turkey. Participants will be required to show a valid hunting license and proof of a hunter safety course, as well as basic shotgun experience. Participants are required to supply their own camo clothing, shotgun and shells. *This course will replace the participants' two morning sessions.* Guides and participants will meet at 5 a.m. at Crooked Creek Conservation Club, hunt until noon and return for lunch and two afternoon sessions. *Since space is limited, please be sure to list this as your top choice if you want to participate. Preference will be given to FIRST-TIME hunters.*

Course Offerings: IMPORTANT! Please rank in order of preference 1-8, with 1 being your first choice.

___ Archery	___ After Self-Defense Shooting	___ Ammo Jewelry*
___ Handgun Basics	___ Auto Care Basics	___ Bird Feeders*
___ Steel Challenge	___ Essential Knots	___ Bluebird Boxes & Habitats*
___ Police Pistol Combat	___ Fitness in Forest 1	___ Cell Phone Photography
___ Natural Point of Aim	___ Fitness in Forest 2	___ Dutch Oven Cooking*
___ Defensive Holster Draw	___ Fly Fishing	___ Edible & Medicinal Plants*
___ Self-Protection Handgun	___ Intro to Defensive Knife	___ Fiber Arts*
___ Rifle	___ Kayaking	___ Paracord Project*
___ Shotgun/Trap	___ Personal Safety Awareness	___ Pie Making/Baking*
___ Trap Shoot	___ Self-Defense	___ Rock Painting*
___ Skeet	___ Tai Chi with Trees	___ Stop the Bleed
___ Five Stand	___ Yoga in the Yard	___ Turkey Feather Wreath*
___ Reloading Ammo	___ Active Shooter Response	___ Turkey Hunt

\*Materials Fee required (see course descriptions for amount)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (    ) \_\_\_\_\_

Email \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Emergency Phone (    ) \_\_\_\_\_

\_\_\_ New Member or WITO # \_\_\_\_\_ Renewal

Participants 14-17 years of age must have a parent or guardian sign and attend all classes with them.

☐ I cannot attend but would like to renew my Women in the Outdoors membership for \$35. Payment is enclosed.

Registration \$ \_\_\_\_\_

If applicable, Mother \_\_\_\_\_ or daughter 14-17 yrs \_\_\_\_\_ or 18+ yrs \_\_\_\_\_

Material Fee(s) for top 4 choices only \$ \_\_\_\_\_

T-shirts: Qty \_\_\_\_\_ at \$16 each \$ \_\_\_\_\_

Indicate Style/Size: Ladies \_\_\_\_\_ Standard \_\_\_\_\_

General Raffle: Qty \_\_\_\_\_ 1/\$10 or 3/\$20 \$ \_\_\_\_\_

Gun Raffle: Qty \_\_\_\_\_ 1/\$10 or 3/\$20 \$ \_\_\_\_\_

TOTAL \$ \_\_\_\_\_

☐ Check    ☐ PayPal email \_\_\_\_\_

For credit card payment, check PayPal box for invoice

*Deadline for registering for the Turkey Hunt and preordering the event t-shirt is April 13, 2018; regular registration deadline is May 5, 2018.*

**Make checks payable to “NWTF” & mail/email this completed form with payment to:**

Leesa Lafferre - Thomas | 10101 Madison Road | Montville, OH 44064  
440.968.0150 | GrandRiverWITO@gmail.com

